

# XLHuk

Supporting those with XLH and related disorders

## What is XLH?

X-Linked Hypophosphataemia (hypo-phos-phat-aemia) is a **rare, complex and lifelong** condition.

It affects the body's ability to:

- absorb phosphate
- develop healthy bones
- heal properly

Because XLH is a genetic condition linked to the X chromosome, it often affects several members of a family. But sometimes it appears in an individual with no family history of XLH. XLH is so rare that **less than 1,000 people have it across the UK**.

The characteristics of the condition vary widely, but common difficulties include bone pain, dental problems, hearing loss and chronic fatigue.



[xlhuk.org](http://xlhuk.org)



XLH UK's Community Day in Birmingham 2024

# What do we do?

We know that living with XLH has the potential to affect every aspect of a person's life. So, our mission is to help those with XLH and their families through **research, support and advocacy**. We are here to listen, inform and represent the UK patient community.



Please get involved or donate to support our valuable work at [www.xlhuk.org](http://www.xlhuk.org)



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