

# FAQs- XLH UK Family Day

Sunday 21<sup>st</sup> May 2023 (approx. 11am until 3.30pm)



## What is the Family Day?

The Family Day is organised and funded by XLH UK. Dedicated to providing trusted and verified information in a relaxing environment, the event brings together all those affected by XLH.

To celebrate our proactive group members, this year's theme will be 'Strengthening our community'; with sessions on peer-to-peer support amongst other topics.

## The venue

Engineers' House, Bristol, The Promenade, Clifton Down, Clifton, Bristol, BS8 3NB  
<https://www.makevenues.co.uk/engineers-house-bristol>

This venue is fully accessible, and parking is available on site. For full directions, and how to avoid Bristol Clean Air Congestion Charge Zone, you are advised to use 'How to get to Engineers' House' link to their pdf Travel Guide <https://www.makevenues.co.uk/engineers-house-bristol>

In summary, Engineers' House falls just outside of Bristol's Clean Air Charge Zone. It is easy to reach from temple Meads Train Station (10 minute taxi ride), Bristol City Circular Bus Service, and has excellent links to the M5 and M4 avoiding Bristol City Centre. Event delegates do not need to travel into or through this area to attend event days with us, Engineers House has ample parking available.

## Cost

There is no fee for this event; the Family Day is organised and funded by XLH UK. However, to help us support families for whom travel expenses may be a barrier to attending, please use our Just Giving page, and add the reference "XLH Family" - thank you.

<https://link.justgiving.com/v1/charity/donate/charityId/2982882>

## Who is invited?

Anyone affected by XLH - all ages are welcome! Please ensure you pre-register all those attending with you, including children.

## What the day will look like?

(Precise timings to be communicated on the day)

Arrival: Light refreshment and welcome

Morning: a variety of short, informative presentations

Lunchtime: light buffet lunch

Afternoon: further networking with some entertainment for the children

## Will there be a chance to ask questions during the day?

Yes, all the sessions will have an opportunity for questions. There will be people available during the afternoon too.

## Accommodation

There is no accommodation at the venue but see our suggested list below. Please note, the list is not exhaustive, and we cannot endorse any hotels.

Hotel Du Vin Avon Gorge - 5mins car to venue, from £104 per night  
Sion Hill, Bristol BS8 4LD  
T: 0117 4030210

Clifton Studio – less than 5mins in car to venue, from £111 per night  
42 College Road, Clifton, Bristol

Alma Taverns, Boutique Suites, approx 5mins to venue, from £85 per night  
18-20 Alma Vale Road, Clifton, Bristol

Wellington West, 10mins in car from venue, from £153 per night  
Wellington Hill West, Bristol

Holiday Inn Express, Filton, 20mins in car from venue, from £91 per night  
New Rd, Bristol Parkway Business Park, Bristol

Ferndale Mews, 8 mins in car from venue, from £99 per night  
3a Southfield Rd, Westbury on Trym, Bristol

DoubleTree by Hilton, Bristol North, 22 mins in car from venue, from £81 per night  
Woodlands Lane, Bristol

Additional accommodation options are available by using Booking.com and LateRooms.com or going to the websites for Travelodge (<https://www.travelodge.co.uk/>) or Premier Inn (<https://www.premierinn.com/gb/en/home.html>).

For further information about accommodation in Bristol, please visit: <https://www.visitwest.co.uk/meet> and [Accommodation in Bristol | Where to Stay - VisitBristol.co.uk](#)

If you have any further questions, please contact us on [contact@xlhuk.org](mailto:contact@xlhuk.org)

**XLHuk.org**